

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	<b>Soup of the day</b>				
<b>Bread</b> (croutons, fresh herbs & toppings)	Farmhouse Loaf	Granary Loaf	Wholemeal Bloomer	Farmhouse Bloomer	Sourdough
<b>Main course</b>	Spaghetti Bolognaise	Fish Pie	Slow Cooked Shoulder Of Pork & Gravy	Chicken Korma, Poppadum's, Raita & Chutneys	Hand Battered Haddock Fillet With Tartare Sauce & Ketchup
<b>Vegetarian main course</b> (jacket & sweet potatoes available everyday)	Mediterranean Frittata	Classic Macaroni Cheese	Vegetable & Red Lentil Loaf (V) With Gravy	Grilled Halloumi Skewers With Tomato Salsa	Southern Fried Bean Burger With Herby Mayo & Tomato
<b>Sides</b>	<ul style="list-style-type: none"> <li>Garlic Bread</li> <li>Broccoli</li> <li>Parmesan Shavings</li> </ul>	<ul style="list-style-type: none"> <li>Cabbage</li> <li>Minted new pot</li> </ul>	<ul style="list-style-type: none"> <li>Carrots</li> <li>Green Beans</li> <li>Roast Potatoes</li> </ul>	<ul style="list-style-type: none"> <li>Rice</li> <li>Cauliflower</li> <li>Naan Bread</li> </ul>	<ul style="list-style-type: none"> <li>Peas</li> <li>Baked Beans</li> <li>Chunky Chips</li> </ul>
<b>Dessert</b>	Rice Pudding With Fruit Compote	Banoffee Pot	Warm Beetroot Chocolate Brownie With Cream	Lemon yoghurt Cheesecake	Raspberry ripple sponge
<b>Big bowl salad</b>	Five Bean Salad	Caesar Salad	Roast Butternut Squash & Quinoa Salad	Niçoise Salad	Soy & Ginger Noodles
<b>Everyday salads</b> (daily dressings, toppings & sauces)	Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn, Tuna Mayonnaise & Grated Cheese				
<b>fruit bar</b> (daily pear, apple, banana)	Daily Selection of Blueberries, Plums, Mixed Grapes , Blackberries , Fruit Salad				
<b>Yoghurt Bar</b> (natural yoghurt, honey, oat granola)	Daily Selection of Strawberry, Peach , Raspberry, Vanilla , Banana				
<b>Nibble pot</b> (on the tables)	Cubes Of Cheese	Carrot Sticks	Red Peppers	Cucumber Sticks	Apple Slices

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<b>Soup</b>	<b>Soup of the day</b>				
<b>Bread</b> (croutons, fresh herbs & toppings)	Farmhouse Loaf	Granary Loaf	Wholemeal Bloomer	Farmhouse Bloomer	Sourdough
<b>Main course</b>	Pork and Leek Sausages with onion gravy	Tex Mex Tuesday Mild lamb chilli, guacamole, sour cream and fresh tomato salsa	Roast Chicken with gravy, Yorkshire pudding and stuffing	Loaded thin-crust pizzas (Margarita or Hawaiian)	Hand Battered Haddock Fillet With Tartare Sauce & Ketchup
<b>Vegetarian main course</b> (jacket & sweet potatoes available everyday)	Quorn sausages with onion gravy	Tex Mex Tuesday Quorn chilli, guacamole, sour cream and fresh tomato salsa	Individual Mushroom Wellington with gravy	Mushroom Stroganoff and rice	Chickpea and lentil tagine with fresh cous cous
<b>Sides</b>	<ul style="list-style-type: none"> <li>• Carrots</li> <li>• Broccoli</li> <li>• Mash</li> </ul>	<ul style="list-style-type: none"> <li>• Brown rice</li> <li>• Mixed bean</li> <li>• Grated cheese</li> <li>• Mixed salad</li> </ul>	<ul style="list-style-type: none"> <li>• Roast Root Vegetables</li> <li>• Roast Potatoes</li> </ul>	<ul style="list-style-type: none"> <li>• Broccoli</li> <li>• Peas</li> <li>• Garlic bread</li> </ul>	<ul style="list-style-type: none"> <li>• Peas</li> <li>• Baked beans</li> <li>• Jacket wedges</li> <li>• Cous cous</li> </ul>
<b>Dessert</b>	Oat and raisin flapjack pot	Treacle Sponge and custard	Chocolate & yoghurt mousse	Rhubarb cake	Blackberry fool
<b>Big bowl salad</b>	Wild rice salad	Sweet chilli noodle salad	Roasted Pepper Cous cous	Potato & spring onion salad	Basil pesto fusilli pasta
<b>Everyday salads</b> (daily dressings, toppings & sauces)	Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn, Tuna Mayonnaise & Grated Cheese				
<b>fruit bar</b> (daily pear, apple, banana)	Daily Selection of Mixed grapes, Raspberries, Fruit salad , Blackberries, Plums				
<b>Yoghurt Bar</b> (natural yoghurt, honey, oat granola)	Daily Selection of Vanilla ,Raspberry , Banana, Peach , Strawberry				
<b>Nibble pot</b> (on the tables)	Cucumber	Cheese cubes	Carrot sticks	Bread sticks	Yellow peppers

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<b>Bread</b> (croutons, fresh herbs & toppings)	Farmhouse Loaf	Granary Loaf	Wholemeal Bloomer	Farmhouse Bloomer	Sourdough
<b>Main course</b>	Chargrilled turkey escalope	Sweet and sour chicken with pineapple and egg fried rice	Honey glazed gammon, Yorkshire pudding, gravy	Lasagne with garlic bread & salad leaves	Hand Battered Haddock Fillet With Tartare Sauce & Ketchup
<b>Vegetarian main course</b> (jacket & sweet potatoes available everyday)	Falafels with ratatouille	Broccoli & cheese tart	Butternut Squash Risotto	Thai vegetable & tofu noodles	Vegetable burritos
<b>Sides</b>	<ul style="list-style-type: none"> <li>• Green beans</li> <li>• Ratatouille</li> <li>• New potatoes</li> </ul>	<ul style="list-style-type: none"> <li>• Sweetcorn</li> <li>• Broccoli</li> </ul>	<ul style="list-style-type: none"> <li>• Carrots</li> <li>• Cabbage</li> <li>• Roasted new potatoes</li> </ul>	<ul style="list-style-type: none"> <li>• Garlic bread</li> </ul>	<ul style="list-style-type: none"> <li>• Peas</li> <li>• Pineapple salsa</li> <li>• Chunky Chips</li> </ul>
<b>Dessert</b>	Mango mousse	Carrot cake	Sticky toffee pudding with toffee sauce	Honey and lemon sponge	Blueberry cheese cake
<b>Big bowl salad</b>	Beetroot and lentil salad	Herby potato salad	Autumn Tabbouleh	Chargrilled vegetable salad	Kale and bulgur salad
<b>Everyday salads</b> (daily dressings, toppings & sauces)	Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn, Tuna Mayonnaise & Grated Cheese				
<b>fruit bar</b> (daily pear, apple, banana)	Daily Selection of Blueberries, Fruit salad, Blackberries, Plums , Mixed grapes				
<b>Yoghurt Bar</b> (natural yoghurt, honey, oat granola)	Daily Selection of Strawberry, Vanilla , Banana, Peach , Raspberry				
<b>Nibble pot</b> (on the tables)	Apple slices	Cheese cubes	Carrot sticks	Cucumber sticks	Rainbow peppers