

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Bread (croutons, fresh herbs & toppings)	Farmhouse Loaf	Granary Loaf	Wholemeal Bloomer	Farmhouse Bloomer	Sourdough
Main course	Spaghetti Bolognaise	Fish Pie	Slow Cooked Shoulder Of Pork & Gravy	Chicken Korma, Poppadum's, Raita & Chutneys	Hand Battered Haddock Fillet With Tartare Sauce & Ketchup
Vegetarian main course (jacket & sweet potatoes available everyday)	Mediterranean Frittata	Classic Macaroni Cheese	Vegetable & Red Lentil Loaf (V) With Gravy	Grilled Halloumi Skewers With Tomato Salsa	Southern Fried Bean Burger With Herby Mayo & Tomato
Sides	<ul style="list-style-type: none"> Garlic Bread Broccoli Parmesan Shavings 	<ul style="list-style-type: none"> Cabbage Minted new pot 	<ul style="list-style-type: none"> Carrots Green Beans Roast Potatoes 	<ul style="list-style-type: none"> Rice Cauliflower Naan Bread 	<ul style="list-style-type: none"> Peas Baked Beans Chunky Chips
Dessert	Rice Pudding With Fruit Compote	Banoffee Pot	Warm Beetroot Chocolate Brownie With Cream	Lemon yoghurt Cheesecake	Raspberry ripple sponge
Big bowl salad	Five Bean Salad	Caesar Salad	Roast Butternut Squash & Quinoa Salad	Niçoise Salad	Soy & Ginger Noodles
Everyday salads (daily dressings, toppings & sauces)	Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn, Tuna Mayonnaise & Grated Cheese				
fruit bar (daily pear, apple, banana)	Daily Selection of Blueberries, Plums, Mixed Grapes , Blackberries , Fruit Salad				
Yoghurt Bar (natural yoghurt, honey, oat granola)	Daily Selection of Strawberry, Peach , Raspberry, Vanilla , Banana				
Nibble pot (on the tables)	Cubes Of Cheese	Carrot Sticks	Red Peppers	Cucumber Sticks	Apple Slices

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Soup	Soup of the day				
Bread (croutons, fresh herbs & toppings)	Farmhouse Loaf	Granary Loaf	Wholemeal Bloomer	Farmhouse Bloomer	Sourdough
Main course	Pork and Leek Sausages with onion gravy	Tex Mex Tuesday Mild lamb chilli, guacamole, sour cream and fresh tomato salsa	Roast Chicken with gravy, Yorkshire pudding and stuffing	Loaded thin-crust pizzas (Margarita or Hawaiian)	Hand Battered Haddock Fillet With Tartare Sauce & Ketchup
Vegetarian main course (jacket & sweet potatoes available everyday)	Quorn sausages with onion gravy	Tex Mex Tuesday Quorn chilli, guacamole, sour cream and fresh tomato salsa	Individual Mushroom Wellington with gravy	Mushroom Stroganoff and rice	Chickpea and lentil tagine with fresh cous cous
Sides	<ul style="list-style-type: none"> Carrots Broccoli Mash 	<ul style="list-style-type: none"> Brown rice Mixed bean Grated cheese Mixed salad 	<ul style="list-style-type: none"> Roast Root Vegetables Roast Potatoes 	<ul style="list-style-type: none"> Broccoli Peas Garlic bread 	<ul style="list-style-type: none"> Peas Baked beans Jacket wedges Cous cous
Dessert	Oat and raisin flapjack pot	Treacle Sponge and custard	Chocolate & yoghurt mousse	Rhubarb cake	Blackberry fool
Big bowl salad	Wild rice salad	Sweet chilli noodle salad	Roasted Pepper Cous cous	Potato & spring onion salad	Basil pesto fusilli pasta
Everyday salads (daily dressings, toppings & sauces)	Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn, Tuna Mayonnaise & Grated Cheese				
fruit bar (daily pear, apple, banana)	Daily Selection of Mixed grapes, Raspberries, Fruit salad , Blackberries, Plums				
Yoghurt Bar (natural yoghurt, honey, oat granola)	Daily Selection of Vanilla ,Raspberry , Banana, Peach , Strawberry				
Nibble pot (on the tables)	Cucumber	Cheese cubes	Carrot sticks	Bread sticks	Yellow peppers

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Soup	Soup of the day				
Bread (croutons, fresh herbs & toppings)	Farmhouse Loaf	Granary Loaf	Wholemeal Bloomer	Farmhouse Bloomer	Sourdough
Main course	Chargrilled turkey escalope	Sweet and sour chicken with pineapple and egg fried rice	Honey glazed gammon, Yorkshire pudding, gravy	Lasagne with garlic bread & salad leaves	Hand Battered Haddock Fillet With Tartare Sauce & Ketchup
Vegetarian main course (jacket & sweet potatoes available everyday)	Falafels with ratatouille	Broccoli & cheese tart	Butternut Squash Risotto	Thai vegetable & tofu noodles	Vegetable burritos
Sides	<ul style="list-style-type: none"> Green beans Ratatouille New potatoes 	<ul style="list-style-type: none"> Sweetcorn Broccoli 	<ul style="list-style-type: none"> Carrots Cabbage Roasted new potatoes 	<ul style="list-style-type: none"> Garlic bread 	<ul style="list-style-type: none"> Peas Pineapple salsa Chunky Chips
Dessert	Mango mousse	Carrot cake	Sticky toffee pudding with toffee sauce	Honey and lemon sponge	Blueberry cheese cake
Big bowl salad	Beetroot and lentil salad	Herby potato salad	Autumn Tabbouleh	Chargrilled vegetable salad	Kale and bulgur salad
Everyday salads (daily dressings, toppings & sauces)	Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn, Tuna Mayonnaise & Grated Cheese				
fruit bar (daily pear, apple, banana)	Daily Selection of Blueberries, Fruit salad, Blackberries, Plums , Mixed grapes				
Yoghurt Bar (natural yoghurt, honey, oat granola)	Daily Selection of Strawberry, Vanilla , Banana, Peach , Raspberry				
Nibble pot (on the tables)	Apple slices	Cheese cubes	Carrot sticks	Cucumber sticks	Rainbow peppers