




















	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAD	Soup of the day with croutons, herbs and toppings				
MAIN COURSE	Beef bolognaise ragu Penne pasta	Chicken & lentil tikka marsala Naan bread Poppadom	Roast turkey Yorkshire pudding and gravy	 Pizza Margherita	 Oven baked Breaded cod fillet Tomato ketchup
VEGETARIAN MAIN COURSE (jacket potato everyday)	 Penne pasta With sunflower seed & pea pesto	 Chickpea and lentil Tikka marsala Naan bread Poppadom	 Root vegetable Stuffing loaf Yorkshire pudding and gravy	 Vegan Roasted vegetable pizza	 Vegan fish finger Tomato ketchup
SIDES	Courgettes Sweetcorn Garlic bread	Steamed brown & white rice Green beans with black onion seeds Sag aloo potatoes	Roast potatoes Carrot Seasonal cabbage	Garlic jacket half Sweetcorn Tomato basil salad	Oven chips Garden peas Baked beans
DESSERT	Banana & custard	Jaffa & chocolate chip sponge Custard	Raspberry Cheese cake	Apple strudel	Lemon, poppy seed & oat muffin
BIG BOWL SALAD	New potato & dill	Pasta Peas, watercress and courgette	Caesar salad	Sweet potato, Chickpea & Chive	Taco pepper & rice salad
SALADS	Daily selection of salads, dressings and toppings				
FRUIT BAR	Daily selection of fruit				
YOGHURT BAR (natural yoghurt, honey, oat granola)	Daily selection of strawberry, peach, raspberry, vanilla, banana				



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAD	Soup of the day with croutons, herbs and toppings				
MAIN COURSE	Cumberland Sausages Onion gravy	Smoked Beef & Vegetable Enchilada Tomato Salsa & Cheese	Roast Chicken Yorkshire pudding and gravy	Wok fried Chicken, Vegetables & Egg Noodles	 Oven Baked Breaded Cod Fillet Tomato Ketchup
VEGETARIAN MAIN COURSE (jacket potato everyday)	 Plant based Cumberland sausages Onion gravy	 Smokey Cannellini bean & vegetable enchilada Tomato salsa & cheese	 Lentil & Mushroom loaf Gravy Yorkshire pudding	 Wok fried edamame beans, Vegetable & rice noodles	 Vegan fish finger Tomato ketchup
SIDES	Crushed New Potatoes Carrots Cauliflower	Steamed Brown & White Rice Sweetcorn Green beans	Roast potatoes Roast Root Vegetables Savoy cabbage	Chinese Leaves & Beansprouts Broccoli Prawn crackers	Oven chips Garden peas Baked beans
DESSERT	Blueberry Jelly & Cream	Frosted Carrot Cupcake	Pancake Bitter Chocolate Sauce	Sticky toffee Pudding and Custard	Lemon Yoghurt Mousse
BIG BOWL SALAD	Caesar salad	Roasted Mexican Vegetables & Beans	Garlic Mushroom & Herbs	Broccoli, Cauliflower Sunflower Seed	Balsamic Red Cabbage & Apple
SALADS	Daily selection of salads, dressings and toppings				
FRUIT BAR	Daily selection of fruit				
YOGHURT BAR (natural yoghurt, honey, oat granola)	Daily selection of vanilla ,raspberry , banana, peach , strawberry				



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAD	Soup of the day with croutons, herbs and toppings				
MAIN COURSE	Thai Chicken, Vegetable & Coconut Milk	Crunchy Lemon & Rosemary Chicken Salsa Verde	Gammon, Yorkshire Pudding, Gravy	Katsu Chicken & Vegetable Curry	 Oven baked Breaded cod fillet Tomato ketchup
VEGETARIAN MAIN COURSE (jacket potato everyday)	 Spring Roll with Sweet Chilli Relish	 Falafels Tzatziki	 Mock Lamb Shepherds Pie Yorkshire Pudding	 Sweet Potato & Vegetable Katsu Curry	 Vegan Fish Finger Tomato Ketchup
SIDES	Steamed Brown & White Rice Sweetcorn Stir Fried Greens	New potatoes Chefs Chopped Salad Green beans	Roasted New Potatoes Carrots Garden peas	Sweetcorn Broccoli Steamed Brown & White Rice	Chunky chips Peas Beans
DESSERT	Banana, Oat & Cinnamon Muffin	Apple Crumble Custard	Lemon Curd Cheesecake	Victoria Sponge	Chocolate Beetroot Brownie
BIG BOWL SALAD	Puy Lentil Roasted Beetroot Flat Parsley	Sweetcorn, Tomato, Red Onion and Coriander	Tuna Green Olives Egg	Spinach, Tomato & Feta	Caesar Salad
SALADS	Daily selection of salads, dressings and toppings				
FRUIT BAR	Daily selection of fruit				
YOGHURT BAR (natural yoghurt, honey, oat granola)	Daily selection of vanilla , raspberry , banana, peach , strawberry				