| Bread | Soup of the day with croutons, herbs and toppings |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main course | Freshly Made Margherita Pizza |  <br> Pineapple in Barbeque Sauce | Roast turkey Yorkshire pudding and gravy | Beef bolognaise ragu <br> Penne pasta | Oven Cooked Chicken Burger |
| Vegetarian main course (jacket potato everyday) | Vegan Roasted vegetable pizza | Stuffed Peppers with Rice \& Beans | Root vegetable Stuffing loaf Yorkshire pudding and gravy | Quorn Meatballs | Vegan Burger |
| Sides | Potato Wedges Sweetcorn Tomato \& Basil Salad | Steamed brown \& white rice Green beans Broccoli | Roast potatoes Carrot <br> Seasonal cabbage | Courgettes Sweetcorn Garlic bread | Oven chips Garden peas Baked beans |
| Dessert | Oaty Sultana Cookie | Jaffa \& chocolate chip sponge | Raspberry Cheese cake | Chocolate Rice Krispy Square | Lemon, poppy seed \& oat muffin |
| Big bowl salad | New potato \& dill | Pasta Peas, watercress and courgette | Caesar salad | Sweet potato, Chickpea \& Chive | Taco pepper \& rice salad |

Daily selection of salads, dressings and toppings

Daily selection of fruit

Yoghurt Bar
(natural yoghurt,
honey, oat granola)

Tuesday
Wednesday
Thursday
Friday

| Bread | Soup of the day with croutons, herbs and toppings |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main course | Rainbow Frittata | Home-made Beef Lasagne | Roast Chicken Yorkshire pudding and gravy | Wok fried Chicken, Vegetables \& Egg Noodles | Oven Baked Breaded Cod Fillet Tomato Ketchup |
| Vegetarian main course (jacket potato everyday) | Plant based Cumberland sausages Onion gravy | Veggie Lasagne | Root Vegetable Pie | Wok fried edamame beans, Vegetable \& rice noodles | Vegan fish finger Tomato ketchup |
| Sides | New Potatoes Carrots Cauliflower | Garlic Bread Sweetcorn Green beans | Roast potatoes Carrots Savoy cabbage | Chinese Leaves \& Beansprouts <br> Broccoli | Oven chips Garden peas Baked beans |
| Dessert | Blueberry Jelly \& Cream | Frosted Carrot Cupcake | Pancake Chocolate Sauce | Raspberry \& White Chocolate Flapjack | Lemon Yoghurt Mousse |
| Big bowl salad | Caesar salad | Roasted Mexican Vegetables \& Beans | Garlic Mushroom \& Herbs | Broccoli, Cauliflower Sunflower Seed | Balsamic Red Cabbage \& Apple |

salads
Daily selection of salads, dressings and toppings
fruit bar
Daily selection of fruit

Yoghurt Bar
(natural yoghurt,
honey, oat granola)
Daily selection of vanilla ,raspberry , banana, peach , strawberry

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Bread | Soup of the day with croutons, herbs and toppings |  |  |  |  |
| Main course | Sweet \& Sour Vegetables | Lemon \& Oregano Chicken with Mediterranean Vegetables | Gammon, Yorkshire Pudding, Gravy | Katsu Chicken \& Vegetable Curry | Beef Burger |
| Vegetarian main course (jacket potato everyday) | Spring Roll with Sweet Chilli Relish | Falafels <br> Tzatziki | Lentil \& Vegetable Hotpot | Sweet Potato \& Vegetable Katsu Curry | Vegan Fish Fingers in a bap |
| Sides | Steamed Brown \& White Rice Sweetcorn Stir Fried Greens | New potatoes Greek Salad Green beans | Roasted New <br> Potatoes <br> Carrots <br> Garden peas | Sweetcorn Broccoli Steamed Brown \& White Rice | Chunky chips Peas Beans |
| Dessert | Banana, Oat \& Cinnamon Muffin | Apple Crumble Custard | Lemon Curd Cheesecake | Victoria Sponge | Chocolate <br> Beetroot Brownie |
| Big bowl salad | Puy Lentil Roasted Beetroot Flat Parsley | Sweetcorn, <br> Tomato, Red Onion and Coriander | Tuna Green Olives Egg | Spinach, Tomato \& Feta | Caesar Salad |

Daily selection of salads, dressings and toppings
fruit bar

## Daily selection of fruit

Yoghurt Bar
(natural yoghurt, honey, oat granola)

