Week	Monday	Tuesday	Wednesday	Thursday	Friday		
1		Seasonal Soup available with Croutons, fresh Herbs and Toppings					
		Freshly Baked Bread available every day					
Main course	Freshly Made Margarita Pizza	Sausage Casserole	Roast Chicken, Yorkshire Pudding and gravy	Beef Lasagne	Beef Burger in a flour bap		
Vegetarian/ Vegan main course	Roasted Med Veg Pizza	Plantballs in a rich gravy	Sweet Potato & Goat's Cheese Strudel	Veggie Lasagne	Quorn Burger in a flour bap		
Sides	Potato Wedges Green Beans	Herby Potatoes Broccoli	Roast Potatoes Carrot	Garlic Bread Roasted Cauliflower	Skin on Oven chips Sweetcorn		
	Sweetcorn	Garden Peas	Seasonal cabbage	Green Beans	Baked beans		
Dessert	Syrupy Flapjack	Home-made Meringue Nest	Apple Cookie	Lemon Drizzle Cake	Chocolate Krispie cake		
Everyday salads (Daily dressings, toppings & sauces)	Big Bowl Salad, Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn Pleas daily						
Fruit Bar		Daily Selection of Pineapple, & Melon board					
Yoghurt Bar		Daily Selection of Natural Yoghurt,& Fruit toppings					
Jacket Potato Bar		Available every da	y hot jacket potatoes with	a choice of fillings			

			. 6					
	Week	Monday	Tuesday	Wednesday	Thursday	Friday	1	
	2	Seasonal Soup available with Croutons, fresh Herbs and Toppings						
		Freshly Baked Bread available every day						
//	Main course	Veggie Bolognaise	Lemon & Oregano Chicken	Roast Gammon, Yorkshire Pudding and gravy	Piri Piri Chicken	Fish Fingers		
	Vegetarian/ Vegan main course	Quorn Southern Bite	Home-made Falafel	Root Vegetable Stew With Herby Dumplings	Med Veg & Mozzarella Strudel	Vegan Fingers		
3	Sides	Potato Wedges Cut Green Beans Cauliflower	New Potatoes Broccoli Peas	Roast potatoes Carrot Seasonal cabbage	50/50 Rice Sweet Potato Wedges Green Beans	Skin on Oven chips Garden peas Baked beans		
	Dessert	Cinnamon Shortbread	Chocolate Mousse	Vanilla Sponge Cake With Sprinkles	Chocolate Chip Cookie	Apple Crumble Muffins	(
	Everyday salads (Daily dressings, toppings & sauces)	Big Bowl Salad, Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn Pleas daily						
	Fruit Bar	Daily Selection of Pineapple,& Melon boards						
0	Yoghurt Bar	Daily Selection of Natural Yoghurt,& Fruit toppings						
	Jacket Potato Bar	Available every day hot jacket potatoes with a choice of fillings						

		6						
	Week	Monday	Tuesday	Wednesday	Thursday	Friday		
	3	Seasonal Soup available with Croutons, fresh Herbs and Toppings						
		Freshly Baked Bread available every day						
0	Main course	Veggie Sausage Roll	Malaysian Style Chicken Curry	Roast Turkey with Stuffing and gravy	Moroccan Lamb Mince With Chickpeas	Butcher's Pork Sausages	0	
3	Vegetarian/ Vegan main course	Leek & Potato Gratin	Thai Green Veg Curry	Quorn Mince Hotpot	Spinach & Feta Pie	Plant Based Sausages		
\$2 \$1	Sides	Wedges Carrot Batons Cauliflower	50/50 Rice Broccoli Green Beans	Roast Potatoes Cabbage Peas	50/50 Rice Broccoli Roasted	Skin on Oven chips Sweetcorn Baked beans		
	Dessert	Chocolate Brownie	Vanilla Shortbread	White Chocolate & Raspberry Muffin	Courgette Cherry Cheesecake	Lime & Courgette cake	(3)	
	Everyday salads (Daily dressings, toppings & sauces)	Big Bowl Salad, Tomato, Cucumber, Peppers, Grated Carrot, Boiled Eggs, Mixed Leaves, Sweetcorn Plea daily						
00	Fruit Bar	Daily Selection of Pineapple,& Melon ALL allerg						
	Yoghurt Bar	Daily Selection of Natural Yoghurt,& Fruit toppings						
	Jacket Potato Bar		Available every da	y hot jacket potatoes with	a choice of fillings	29//01/2011		