# Lunch menu week one



# Available everyday

# Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

# **Everyday salads**

selection of healthy and colourful salads

### Fruit bar

selection of bananas, apples, satsumas, melon and mixed grapes

# Yoghurt bar

selection of natural yoghurts

# Jacket potato or Pasta

hot jacket potatoes with a choice of fillings or past dish of the day

Please see daily menu boards for ALL allergens

# Monday

### Main meal

Freshly Made Margarita Pizza

### Vegetarian Meal

Roasted vegetable pizza

### Sides

Potato Wedges, Cauliflower, Sweetcorn

### Dessert

Fruit & Yoghurt Station

# **Thursday**

### Main meal

Beef Bolognaise

# **Vegetarian Meal**

Vegetable Bolognaise

### Sides

Spaghetti, Peas, Courgettes

### Dessert

Oat & Raisin Cookie

# Tuesday

### Main meal

Spanish Chicken

### Vegetarian Meal

Potato & Onion Tortilla

### Sides

Mixed Rice, Green beans, Broccoli

### Dessert

Vanilla Sprinkle Cake

# **Friday**

### Main meal

Build your own Wrap

# **Vegetarian Meal**

Sweet Potato & Bean Falafel

### Sides

Oven chips, Sweetcorn, Broccoli

### Dessert

Lemon Drizzle Cake

# Wednesday

### Main meal

Roast Turkey, Yorkshire Pudding & Gravy

### **Vegetarian Meal**

Ratatouille & Lentil Crumble

### Sides

Roast potatoes, Carrots, Steamed Savoy Cabbage

### Dessert

Apple & Date Cske



\*All menus are subject to change due to availability and supply

# Lunch menu weektwo



# Available everyday

### Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

# **Everyday salads**

selection of healthy and colourful salads

### Fruit bar

selection of bananas, apples, satsumas, melon and mixed grapes

# Yoghurt bar

selection of natural yoghurts

# Jacket potato or Pasta

hot jacket potatoes with a choice of fillings or past dish of the day

Please see daily menu boards for ALL allergens

# **Monday**

### Main meal

Veggie Sausage Rolls

### Vegetarian Meal

Cheesy Leek & Bean Hotpot

### Sides

Wedges, Broccoli, Green Beans

### Dessert

Fruit & Yoghurt Station

# **Tuesday**

### Main meal

### **Vegetarian Meal**

Thai Vegetable Curry

### Sides

Sticky rice, Sweetcorn, Roasted Courgette

### Dessert

**Rock Cake** 

### Main meal

**Thursday** 

Garlic & Herb Chicken

### **Vegetarian Meal**

Stuffed Pepper with Lentils

### Sides

Herby Potatoes, Roasted Squash, Green Beans

### Dessert

Carrot Cake

Malaysian Style Chicken Curry

# **Friday**

### Main meal

Battered Fish

# **Vegetarian Meal**

Vegan Fingers

### Sides

Oven chips, Garden peas, Baked beans

### Dessert

# Wednesday

### Main meal

Roast Pork & Yorkshire Pudding

### **Vegetarian Meal**

Roasted Root Vegetable & Butter Bean stew with Dumplings

### Sides

Roast Potatoes, Carrots, Sauted Leeks & Cabbage

### Dessert

Cherry Bakewell



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# Lunch menu weekthree



# Available everyday

### Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

### **Everyday salads**

selection of healthy and colourful salads

### Fruit bar

selection of bananas, apples, satsumas, melon and mixed grapes

# Yoghurt bar

selection of natural yoghurts

# Jacket potato or Pasta

hot jacket potatoes with a choice of fillings or past dish of the day

Please see daily menu boards for ALL allergens

# Monday

### Main meal

Cheese & Tomato slice

### **Vegetarian Meal**

Med Veg Filo Basket

### Sides

Potato Wedges, Broccoli, Green Beans

### Dessert

Fruit & Yoghurt Station

# **Thursday**

### Main meal

Chicken Korma

### **Vegetarian Meal**

Sag Aloo topped Lentil Curry

### Sides

Rice, Roasted Cauliflower, Green Beans

### Dessert

Vanilla Cake

# **Tuesday**

### Main meal

Taco Tuesday -Spiced Beef Mince & Bean

### **Vegetarian Meal**

Roast Veg & Bean Mix

### Sides

Rice, Sweetcorn, Roasted Courgette

### Dessert

Black & White Biscuit

# **Friday**

### Main meal

Pork Butcher's Sausage

### **Vegetarian Meal**

Plant Sausage

### Sides

Oven chips, Garden peas, Baked beans

### Dessert

Sweet Potato & Chocolate Brownie

# Wednesday

### Main meal

Roast Chicken & Stuffing, Gravy

### **Vegetarian Meal**

Sweet Potato & Tomato Bake

### Sides

Roasted Potatoes, Carrots, Broccoli

### Dessert

Cornflake Tart



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